

Rx

I recommend: Breastfeeding.

Provider comments/instructions:



Signature: _____ Date: _____

Health Department Information (i.e., classes, support groups, WIC)

State of Tennessee WIC

(*Women, Infants, and Children*) Program Office
1-800-DIAL-WIC (1-800-342-5942)

Breastfeeding Consultation, Pumps, and Supplies:

Becky Flora-Waterman, IBCLC, Kingsport, TN,
1-877-99-PUMPS

Chasta M. Hite, RNC, IBCLC, Kingsport, TN,
423-857-6203 (consults only)

Gloria Dudley, RN, IBCLC, Johnson City, TN,
423-928-3112 (consults only)

Janice Yeager RNC, IBCLC, Kingsport, TN,
423-392-6370 (consults only)

Jill Stancil, RN, IBCLC, Bristol, TN, 423-963-9418

Lydia "Ann" Perry, RN, IBCLC, Johnson City, TN,
423-431-5622 (consults only)

Sarah Reuning, IBCLC, Bristol, TN,
423-764-1548

Additional Sources for Pumps and Supplies:

☼ Breast Prosthesis and Orthotics, Inc., Bristol, TN,
423-573-8500

☼ Lincare, Johnson City, TN, 423-928-1423

☼ Medi Home Care, Johnson, TN, 423-928-6519

☼ The Nursing Nook, Johnson City, TN, 423-737-5794

Additional Resources:

Kingsport's Breastfeeding Support Group:

<http://www.breastfeed-essentials.com/supportgroup.html>

LaLeche League Bristol: www.llofBristol.org

National Breastfeeding Helpline: 800-994-9662
(English / en Español)

American Academy of Pediatrics:

<http://www.aap.org/healthtopics/breastfeeding.cfm>

Breastfeeding.Com: <http://www.breastfeeding.com>

KellyMom: <http://www.kellymom.com>

LaLeche League USA: <http://www.llusa.org>

WomensHealth.Gov:

<http://www.4woman.gov/breastfeeding/index.cfm?page=home>

*Please contact your local health department or delivery hospital
for information about free breastfeeding classes and support groups.
For more information about breastfeeding and regional resources go to
the **BABE Coalition** web site: www.breastfeedingsupportnet.com*